

2018

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2018 Program Guide

Arkansas City Recreation Commission



Parks and Recreation
The Benefits are Endless

ACRC Vision... Making tomorrow better by providing unsurpassed opportunities to enhance the quality of life for all generations.

Arkansas City Recreation Commission

225 E. Fifth Avenue
Arkansas City, Kansas 67005
Phone: (620) 441-4300
Fax: (620) 442-1540
Facebook / Ark City Rec
www.arkcityrec.org

ACRC Board Members

Hocker, Kim
McGuigan, Mark
Nittler, Debbie
Smith, Ron
Stover, Tad

ACRC Contact Info.

Joe Krisik	Director	441-4301	jkrisik@arkcityrec.org
A.J. Davidson	Programs	441-4303	ajdavidson@arkcityrec.org
Debbi Davidson	Aquatics	441-2018	ddavidson@arkcityrec.org
Cheryl Schmidt	Management Asst.	441-4300	cschmidt@arkcityrec.org

Please be mindful of registration deadlines

For your child's greatest success with our program a \$10 service charge will be imposed on all our programs after registration date has ended. This will ensure we have adequate staff, supervision, supplies, uniforms and coaches.

Kidz Café

Ark City Recreation is pleased to announce the KIDZ CAFÉ is now open in the meeting room on Monday, Tuesday, Wednesday and Thursday from 5:00pm to 6:30 pm

Free Dinner and activity for ages 18 and under. You never know what celebrity might drop in to have dinner.
Make sure to be there and join the fun!

****Kidz Café II****

Thursday 5-6:30pm
Northwest Community Center

“One Step at a Time”

Countywide Walking Program

Earn prizes for reaching goals each month
Reap the benefits of walking together with family and friends of all ages.
Program brought to you by the Arkansas City Recreation Center and The Regional Community Legacy Foundation.
For more information call the Rec 441-4300



Parks & Recreation...
"The Benefits are Endless"

ACRC Facility Rentals

Family Aquatic Center

Private pool rentals are reserved before or after regular operating hours. The number of persons using the pool determines price:

- 0-25 swimmers \$46 per hour
- 26-50 swimmers \$75 per hour
- 51-75 swimmers \$110 per hour
- +76 check with Aquatics Director

Birthday party packages:

- \$60 for 10-children, includes cookie, drinks, birthday gift for 90-minute party
- \$75 for 20-children, includes cookie, drinks, birthday gift for 90-minute party

ACRC Meeting & Fitness Rooms

- No fee for ACRC affiliated organizations or in-district groups presenting information which are consistent with ACRC programs at no charge to the participant
- \$20 per hour for private programs & activities including birthday parties, wedding showers, baby showers etc
- \$5 per hour for regular on-going recreation programs occurring no less than 6 consecutive weeks
- \$50 deposit required

Paris Park Pool

Paris Park Pool rentals are available before or after regular hours

- \$100 per hour for up to 100 people
- Concession stand may be left open if requested.
- Paris Park Pool birthday party package includes admission, birthday treat, hotdog, chips drinks and birthday present. Party includes 1-hour under the big shade umbrella during regular hours of operation. Fee is \$75 for 12 children

C Dow Complex

C Dow reservations will be taken starting July 1. ACRC sponsored programs have priority, with scheduling subject to change

- No fee for ACRC sponsored programs or in-district teams
- \$5 per hour for combined district / out-of-district teams
- \$15 per hour for out of district teams

WELCOME

ACRC Office Hours

Monday - Friday 8:00 am - 5:00 pm

General Facilities Information

The Rec Center located in downtown Arkansas City, Kansas at 225 East Fifth Avenue and is open for general use, subject to event scheduling. Facilities available for use include basketball courts, meeting rooms, walking track, and Fitness Center. ACRC also manages the Family Aquatic Center, Paris Park Pool, C Dow Sports Complex, AC Skate Park, & Ark City Sports Complex. For more information contact the Rec Center Office at 441-4300, visit www.arkcityrec.org or Facebook / ark city rec

Registration Information

Pre-registration is required for all ACRC activities. Registrations are held at the Rec Center, 225 East Fifth Avenue . Program fees must accompany registrations. Anyone residing in USD 470 area is eligible to participate in any Commission sponsored activity. In order to meet the demand for service provided to non-residents of USD 470 school district, out-of-district residents will be assessed a slightly higher fee than residents who live within USD 470 boundaries. No refund will be issued after practice has begun or after the class has started or supplies have been ordered. Please contact ACRC Director for information regarding financial assistance.

On-Line Registrations

ACRC offers on-line registration option to sign-up for ACRC programs. On-line registration can be accessed at www.arkcityrec.org. Note: There is an additional \$3 fee associated with registering on-line. Some program registrations are not available on-line due to fee structure or program design.

THANK YOU

Thank You; Sponsors, Coaches, Volunteers...

You Make It Happen - Thanks!

Many times, in the hustle and bustle, we often forget to say those two words that mean so much ~ **Thank You!** If it were not for all of the coaches, businesses and sponsors who volunteer their time, money and skills, our programs and activities wouldn't succeed. We sincerely hope that all you have given is returned to you by the smile on a child's face, or seeing a team with your business logo or name, or simply by a "thank you" from a player or a parent.

As programs and activities have grown, we have had to utilize many U.S.D. 470 facilities to accommodate our needs. We extend our sincere gratitude to the principals and staff of the area schools, and to their maintenance departments for their cooperation and assistance. We would also like to extend our appreciation to the City of Arkansas City staff for all of their assistance throughout the year. They are always willing to help in any way, and always a pleasure to work with. We appreciate all the help they give us with our facilities and programs.

What Does the Arkansas City Recreation Commission Provide?

The primary goal of the Arkansas City Recreation Commission is to provide recreation programming. ACRC provides youth programming; including sports, special events, summer camps, arts, and aquatics. Adult programming areas include, fitness, sports, aquatics and special events. In addition, ACRC operates and manages the C Dow Sports Complex, Family Aquatic Center, Paris Park Pool, Skate Park & Ark City Sports Complex.

SPORTS COMPLEX

The Ark City Sports Complex, located south of the Arkansas City High School, is a partnership facility with City of Arkansas City, USD #470 and the Arkansas City Recreation Commission. The multi-field baseball / softball complex is home for the Bulldog varsity teams as well as summer venue for ACRC baseball & softball leagues.

Sports Complex Rentals

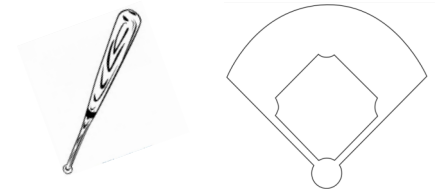
- No facility fees are charged for ACRC sponsored programs and activities
- Fees for all other practice, tournament & game play as follows:
 - ⇒ \$75 per day / per field for tournament & game play (plus lights)
 - ⇒ \$10 per hour / per field for team practices

ACRC sponsored programs & activities have scheduling priority over all other groups

For Sports Complex scheduling info call 441-4300



Top Gun Baseball Tournaments & USSSA Border Shootout Softball tournaments are scheduled during the spring & summer.



FITNESS CENTER

The Fitness Center, located on the lower level of the Rec Center, offers the latest in fitness equipment. Our state of the art facility features cardiovascular and strength training equipment, sauna, and fitness cinema. Our staff is always available to help coordinate and personalize a workout program to fit individual needs. Membership is required. Combination package with the Family Aquatic Center are also available.

Fitness Center Hours

September 1 - May 31

Monday - Thursday	5:00am - 8:00pm
Friday	5:00am - 6:00pm
Saturday	9:00am - 5:00pm
Sunday	1:00pm - 5:00pm

June 1 - August 31

Monday - Thursday	5:00am - 8:00pm
Friday	5:00am - 6:00pm
Saturday	8:00am - 1:00pm
Sunday	Closed



The Fitness Center is equipped with the latest in fitness equipment including:

- Paramount Weights
- Treadmills
- Elliptical Cross Trainers
- Exercises Bikes
- Stairmasters
- Free Weights
- Sauna
- Fitness Cinema

Membership Prices

Individual
\$20 per month
\$90.00/6-month
\$150.00/annual

- ☆ Individual PFC Memberships may also be purchased at \$3 per day or \$7 per week.
- ☆ Children ages 12 to 14 must be accompanied by an adult.
- ☆ Children under 12 will not be permitted.

ACRC PARTNERSHIPS

Public Library

Arkansas City Public Library, 120 East 5th Ave, Arkansas City, KS 67005
620-442-1280 / Fax: 620-442-4277. The Public Library offers a variety of programs for all ages. All programs are free and open to the public.
Call 442-1280 for additional information.

Chaplin Nature Center Shawn Silliman, Naturalist

The Chaplin Nature Center is a private, non-profit organization, owned by the Wichita Audubon Society, dedicated to increasing the public's appreciation of nature. Chaplin Nature Center offers a variety of outdoor education programs for all ages. For specific program information call Shawn Silliman at the Nature Center, 442-4133.

Northwest Community Center

The Northwest Community Center is located at 615 West Birch Avenue in Arkansas City. The Center has a basketball court, game room, computer room and meeting space & is host to various community programs and activities. Facility rentals are also available. For more information call (620) 441-4416

Arkansas City Area Arts Council

The Arts Council provides a variety of program opportunities to youth and adults throughout the community. Call the Art Center for more information. (620) 442-5895

CITY PARK & REC AREAS

- **Brock Park;** 500 Block South 6th Street, 12 Horseshoe Pits
- **Great Life Golf & Fitness;** Arkansas City Country Club, 8731 US Highway 166
- **Lovie Watson Park;** 5th Street & Pine Avenue. Basketball, playground, picnic area, & walking path
- **Newman Park;** 1800 Block on South Summit HWY 77, Campground, playground area and picnic area
- **Paris Park;** 500 Block of West 5th Avenue, swimming, tennis courts, playground areas, picnic area, shelter with restrooms
- **Ark City Sports Complex;** 1201 W Radio Lane, baseball / softball fields, concessions / restrooms
- **Pershing Park;** 1100 North 2nd Street, playground area, picnic area, basketball courts
- **Cherokee Strip Museum;** South Hwy 77
- **Skate Park,** 600 W 5th Ave. half-pipe, quarter-pipe, jump box, grind rails, stairs and more
- **Ranney Park;** 300 East Poplar Ave, playground area, picnic area, baseball practice field & Hogan building
- **Veterans Memorial Lake;** 1400 South 6th St., fishing, walking trail, shelter,
- **Wilson Park;** 700 North Summit Street, covered pavilion, tennis courts, playground areas, picnic areas, and restroom facilities
- **C Dow Complex;** South 6th Street & Lincoln Avenue, indoor practice area, concessions, restroom facilities, soccer fields, football fields, and playground
- **Walnut River Park;** Mill Rd & Hwy 166, fishing, camping, picnic area and play area
- **Chaplin Nature Center;** West of Ark City on Hwy 166, private non-profit organization owned by the Audubon Society includes classroom, nature exhibits, trails & natural habitats
- **Hiking / Biking Trail;** 2.3 mile trail begins @ Paris Park Pool & ends @ C Dow Soccer Complex. Trail runs adjacent to Arkansas River & connects with Veterans Memorial Lake

FAMILY AQUATIC CENTER

The Family Aquatic Center located at the Arkansas City High School is managed by the Arkansas City Recreation Commission under the direction of Aquatic Director Debbi Davidson. The indoor pool is open year around with qualified lifeguards on duty at all times. The pool is available for memberships or daily fees with the prices listed below. Aquatic programs include lap swimming, recreation swimming, water aerobics, swimming lessons, birthday party rentals and a variety of other community aquatic activities. Some areas of the pool may be reserved for fitness classes and swimming instruction throughout the day. For more information on the Family Aquatic Center call 441-2018.

Pool Prices

Individual: \$20 per month
 \$90.00/semi-annual
 \$150.00/annual

Day Passes \$2.00



Pool Hours

Monday-Thursday: 6:00-7:30 am; & 3:30-7:00 pm
 Friday: 6:00-7:30 am, & 3:30-5:00 pm
 Saturday: 9:00 am to 1:00 pm
 Sunday: 2:00-5:00 pm

Combination Fitness Center & Family Aquatic Memberships are available:

- \$30 per month individual
- \$200 per year individual

PARIS PARK POOL

Pool Opens
MAY 26
&
Closes
August 12
(subject to change)

Paris Park Pool located @ 600 West 5th Avenue is open for public swimming during the summer months. The outdoor pool is equipped with (2) 25 ft water slides, (2) diving boards, shade structures, baby pool and a zero entrance area. Paris Park Pool is staffed with quality Red Cross certified life-guards, under the direction of ACRC Aquatic Directors Debbi Davidson. For more information on Paris Park Pool call 441-4417.

Hours of Operation		Admissions Prices	
Monday-Saturday	1:00 to 6:30 pm	Daily:	\$2.00 for 16 & under
Sunday	2:00 to 6:30 pm	Daily:	\$2.50 for 17 & older
July 4th	1:00 to 5:00 pm	Coupon books w/15 coupons for \$25	
August Hours	1:00 to 5:00 pm	1 coupon admits child or adult	

Paris Park Pool Special Events & Programs

- ☆ Private pool rentals are booked before or after regular operating hours @ \$100 per hour for the entire pool... Concession stand may be left open if requested.
- ☆ Birthday Party Package: \$75 for 12 children, includes admission, birthday treat, hot dog dinner with drinks and a present for the birthday child. The party is for 90-minutes under the big umbrella during regular operating hours

ACRC YOUTH SPORTS

- Baseball
- Gymnastics
- Basketball
- Football
- Cheerleading
- Softball
- Wrestling
- Soccer
- Tennis
- Swimming
- Volleyball
- Golf

“The Best Game In Town”

YOUTH SPORTS

Soccer

Organized soccer instruction, clinics, and games are offered each spring & fall by the Ark City Soccer Association. All games are played at the C Dow Sports Complex, South 6th Street and Lincoln Avenue, during weekday evenings and Saturday's. Register @ the Rec Center Office in January for spring soccer and in August for fall soccer. Registration fee includes team drink. If you are interested in coaching youth soccer call ACRC A.J. Davidson @ 441-4303

Spring Soccer

Registration: January thru Feb 9
Season: March / April
Age / Grade: Age 4 through 8th grade
Fee: \$30/\$25

\$10 late fee added 2/12-2/16



Fall Soccer

Registration: July 30 thru Aug 24
Season: Sept. / Oct.
Age / Grade: Age 4 through 8th Grade
Fee: \$30/\$25

\$10 late fee added 8/27-8/29



AQUATIC PROGRAMS

Lap Swimming

Lap swimmers are encouraged to swim at their own pace and time in our designated lap area during regular open hours. Lap swimming is a great way to stay fit with excellent cardiovascular and strength training benefits. Daily fee or membership required.

Rec Swimming

Families and kids are encouraged to enjoy the Family Aquatic Center for recreation swimming during regular hours. The Family Aquatic Center is a great facility to enjoy and have a great swim. Lifeguards are on duty at all times.

Family Aquatic Center Fitness Classes

- ☆ Water Aerobics held Monday thru Thurs from 4-5:00 pm. Low impact aerobics is a fun way to exercise in shallow water
- ☆ Aqua Fun held Mon, Wed & Fri from 10-11 am is designed to maintain and improve mobility.
- ☆ Call Family Aquatic Center for updated program info @ 441-2018

Birthday Party

The Family Aquatic Center pool birthday party takes the stress out of planning your child's special day. Make your reservations, leave the set up and cleanup to us and prepare to have a splashin' good time! Call the Family Aquatic Center @ 441-2018 to reserve your birthday party.

- ⇒ \$60 (based on 10 children)... includes 90 minutes of swimming, birthday cookie, drinks and present.
- ⇒ \$75 (based on 20 children)

AQUATIC PROGRAMS

Red Cross Swimming Lessons

Swim lessons are offered @ the Family Aquatic Center during the summer for ages 6-months and older. 2-week sessions are offered for \$25. Summer sessions will be held:

- ☆ June 4-14
- ☆ June 18-28
- ☆ July 9-19



- ☆ Private swimming lessons offered throughout the year @ Family Aquatic Center. Call 441-2018 to schedule lessons. Private lesson fee is \$40 & includes 6-lessons

Stay Informed! Sign up for Family Aquatic Center Text Alerts. It is simple...

1. Send text message to **580.215.0260**
2. Send message **@familyaq**

That is it! You can opt out anytime and your phone number will not be shared.

Red Cross Lifeguard Training

This class will prepare the student to obtain an entry level life guarding position @ a swimming pool facility. Classes will be held in April. Call the Family Aquatic Center @ 441-2018 for specific times & dates.

Water Safety Instructor Training

This Red Cross course teaches the individual how to instruct infants, children and adults in water safety and swimming lessons. Students must be at least 16 years of age. Pre-requisite skills include knowledge of all swimming strokes and ability to demonstrate skills on first day of class. Classes set to begin in April

YOUTH SPORTS

Baseball

Boys, ages 3-12, play baseball each summer in organized leagues and tournaments sponsored by the Ark City Baseball Association. All leagues play @ Ark City Sports Complex, located @ 1201 W Radio Lane. League is determined by age as of April 30, 2018

- T-Ball: 3,4 year olds
- T-Ball 5,6 year olds
- Parent Pitch: 6, 7 & 8 year olds
- Midget: 9 & 10 year olds
- Pee Wee: 11 & 12 year olds

Registration: March 5-Apr 13
Season: May-June
Age: 3-12
Fee: \$35/\$30
T-ball Fee: 3/4 \$20
\$10 late fee added 4/16-4/21

Girl's Fastpitch Softball

Girls, ages 5-16, play softball each summer in organized leagues and tournaments sponsored by the Ark City Girls Fastpitch Softball Association. League games are played @ Ark City Sports Complex, 1201 W Radio Lane in Ark City and Broadway Sports Complex in Winfield. League is determined based on age as of January 1, 2018 (T-ball players age 5 by April 1st).

- T-ball 5 & 6 year olds
- Parent Pitch 7 & 8 year olds
- 10 and Under 9 & 10 year olds
- 12 and Under 11 & 12 year olds
- 16 and Under 13 - 16 year olds

Registration: March 5-April 13
Season: May-June
Age: 5-16
Fee: \$35/\$30
T-ball Fee: \$20
\$10 late fee added 4/16-4/21

YOUTH SPORTS

Boys Basketball

Each winter, boys basketball instruction, games, and tournaments are offered. Practices and games are scheduled during weekday evenings and weekends at the Rec Center, 225 East Fifth Avenue. The program offers a fun experience for youth while teaching the benefits of teamwork, sportsmanship, commitment, and fundamentals.

Registration: October 15 thru November 16
Season: December / January / February
Age: Grades 3-6
Fee: \$25
\$10 late fee added 11/19-11/21



Girls Basketball

Each fall, girls basketball instruction, games, and tournaments are offered. Practices and games are scheduled during weekday evenings and weekends at the Rec Center. The program offers a fun experience for youth while teaching them the fundamentals of basketball.

Registration: August 6-Sept 14
Season: September / October / November
Age: Grades 3-6
Fee: \$25
\$10 late fee added 9/17-9/21

Jr. Bulldog 1st/2nd Grade Basketball

Register @ the Rec Center through Jan for Jr Bulldog basketball program. Coaches will be Coach Jennings and high school players.

Where: ACRC South Gym
When: Saturday's in February
Time: 1:00 pm to 2:30 pm
Cost: \$20

ADULT ACTIVITIES

Turkey Bingo

Turkey Bingo is scheduled @ 11:00 a.m. on November 8th in the Rec Center Meeting Room. \$7 fee includes food, drinks and bingo for Thanksgiving prizes. For more information call the Rec Office @ 441-4300



"Fit For Life" Exercise Class

This exercise class is held Monday, Wednesday & Friday @ the ACRC Aerobics Room (lower level of the Rec Center) @ 9:00 am. Class involves low-impact aerobics, dancing, stretching and low impact cardiovascular workout. There is no fee for this class.



Have fun and move to the music through a variety of exercises designed to increase muscular strength, range of movement, and activity for daily living skills. Hand-held weights, elastic tubing with handles and ball are offered for resistance. Classes held each Monday, Wednesday @ 10:30 am in ACRC Aerobics Room... Come join the fun. For program info call 441-4300.

Instructor: Bobbie Ollenborger

ADULT PROGRAMS

AC Zumba Toning & Fitness

This cardio fitness program has a variety of benefits utilizing light weights, kick-boxing and cardio. Enjoy AC Zumba @ ACRC, where fitness is fun!!

♦ Zumba: Monday — Friday 5:15-6:00 am

Classes held in ACRC Aerobic Room. \$5 per class or 10 punch card for \$40. Come join the fun and make your workout a BLAST! For registration info call instructor Maria Hettenbach @ 620-506-1395

Martial Arts

Master Primo Venegas, Jr. conducts classes in Tae Kwan Do. For scheduling and program info contact Master Venegas at 506-7047 or visit class on Mon, Wed & Fri @ 6:00 pm @ ACRC Aerobic Room

ACRC Adult Basketball

March madness adult basketball league will be held on Tuesday & Thursday evenings @ the ACRC South Gym. Team registrations due by March 16 with games starting March 27. Team fee is \$150



Adult Volleyball

Have fun, get some great exercise and enjoy volleyball competitions at the Rec Center. Two leagues are offered; September through November and January through April. Divisions include competitive and non-competitive leagues for women and coed teams. For more info contact AJ Davidson @ 441-4303. Team fee is \$60.

YOUTH SPORTS

Football

Organized tackle football league for youth includes instruction and weekend games in Ark City and surrounding league towns. The Ark City Football Association operates all program activities. All home games are played at Bulldog Stadium

Registration: June 4 thru July 27
Season: Mid August through early Nov.
Age: Grades 3-6
Fee: \$65



Flag Football

Organized flag-football league for youth includes instruction and weekday games at C Dow Complex. The Ark City Football Association operates all program activities.

Registration: July 2 thru Aug 10
Season: Mid August through late October
Age: Grades 1-2
Fee: \$25
\$10 late fee added 8/13-8/17

Cheerleading

The Bulldog Cheerleading program is held in the fall in conjunction with youth football program. Future Bulldog cheerleaders will practice @ the ACRC South Gym on Monday's and cheer @ home games held on Saturday's from Sept. through early Nov. Uniforms & pom poms are provided.

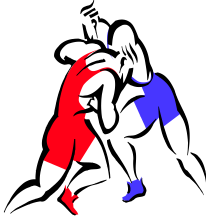
Registration: July 30 thru August 17
Season: Sept. through early Nov
Fee: \$30 (\$15 w/uniform)
Grades: K-6th



YOUTH SPORTS

Wrestling

The Ark City Takedown Club offer wrestling for ages 5-16. Instruction is given in the fundamentals of wrestling and advanced technique. Opportunities for competition in local and out of town tournaments are available. USA card (included with registration fee) provides insurance as well as entry to all Kansas tournaments.



Beginners

Registration: Oct
Season: Nov
Grade: K-2nd
Fee: \$20

Takedown Club

Registration: Oct
Season: Nov-March
Age: 5-16
Fee: \$67 (with USA card)

Youth Volleyball Clinic

Skills clinic will be held on Friday March 9 @ Rec Center South Gym for students in grades K-6th grade. Times will be 9am to 11pm for grades K-2 & 1-3pm for students in grades 3-6. Clinic will teach basic fundamentals of hitting, setting, serving and team play. Pre-registration required by March 8, with fee of \$10

Youth Volleyball League

Volleyball instruction and league play will be offered for girls grades 3-6 during July/August @ the Rec Center. Practices / games will be scheduled during the weekday evening hours:

Registration: May 21 thru June 22
Season: Mid-July through August
Grades: 3-6 (2018-2019 school year)
Fee: \$20
\$10 late fee added 6/25-6/27

ADULT PROGRAMS

Open Court Pickle Ball

ACRC offers 2 open courts of Pickle Ball in the South Gym Monday thru Friday from 11:00 am to 2:00 pm. Pickle Ball is a mini tennis game played on badminton size court with wooden paddles and plastic ball. Equipment is provided.



Tennis

Indoor recreational and competitive tennis are available year-round through the Indoor Tennis Association held @ the Agri-business Building. For additional information, or to make reservations, contact Charity Andrews @ 806-477-2312



Horseshoes

Come join the challenge! There are (6) outdoor horseshoe pits at Brock Park and three indoor pits at the Dow Complex. Regulars meet every Tuesday and Thursday at 6:00 pm. For info call the Rec at 441-4300

SPECIAL ACTIVITIES

Santa Saturday

Santa Saturday will be held at the Rec Center December 8 9:00 am to 3:00 pm for kids ages 4 to 12. Santa Saturday will be a full day of activities for the kids and will include:

- ☆ Visit and picture with Santa
- ☆ Letter to Santa
- ☆ Craft activities
- ☆ Lunch
- ☆ Gym Activities
- ☆ Shopping @ the Mini-Mall and gift wrapping



Pre-registration is required @ Rec Office by Dec 5; with fee of \$20

No registrations will be taken at door.

Arkalalah 2-Mile Run

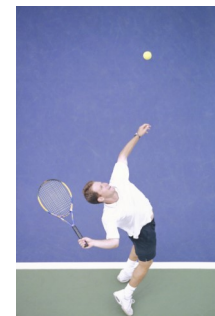
The Arkalalah 2-Mile Run will be held Saturday, October 27 @ 9:00 am in downtown Ark City. Pre-registration is held @ the Rec Center Office through Oct. 25 (guarantees a t-shirt). Race day registration held @ the Chamber Office on Sat. from 7:30-8:30 am. Cash prizes are awarded to overall and divisions winners. For additional information on the 2-Mile Run call the Rec Office @ 441-4300.



YOUTH SPORTS

TENNIS

Boys and girls tennis instruction is offered each summer under the professional direction of High School Tennis Coach, Aaron O'Donnell. Programs for boys and girls, from pre-school thru high school will be offered Monday thru Thursday during the months of June & July.



Registration:	May
Season:	June / July
Age:	1st grade thru high school
Fee:	\$30 June, \$20 July Session

Beginner tennis is offered for pre-school / kindergarten ages during the summer. Call the Rec for details

ACRC Youth Golf



Golf Clinic

Youth golf classes held on Tuesday mornings @ Great Life Golf and Fitness during the month of June for ages 8-15. Classes are designed for the beginning / intermediate golfer and are based on golf instruction of chipping, putting, iron play and driving. Classes are held 10:00-11:00am with fee of \$25.

Team Golf

Team golf is held on Tuesday's @ Great Life Golf and Fitness during the month of July from 10:00-11:30 am. Youth Team Golf is designed for the youth golfer who has had some golf instruction. This program is set-up to develop team competition in a scramble type format. Registration for team golf is \$20 per player.

YOUTH SPORTS



GYMNASTICS

Gymnastics instruction is offered at the Rec Center, 217 South B Street (south gym). Boys and girls programs for all skill levels are offered from beginning tumbling through advanced gymnastics.

Schedule

Monthly sessions are offered for ages 3 and older throughout the year. Pre-register for all gymnastic classes at the Rec Office; Classes are filled on a first come basis. For program times / dates call the Rec Center Office @ 441-4300



Gymnastics Divisions

- Pre-School:** 3 & 4 year olds will learn beginning level gymnastics skills and class structure in a fun and positive atmosphere.
- Beginners:** Beginning level classes are offered for students ages 5 & older. Students will learn skills on vaults, bars, beam floor, and trampoline.
- Intermediate:** This advanced class is designed for students who have completed the Preschool class or beginner classes. Separate classes are offered for ages 4-6, and 7 & older.
- Advanced:** Invitation only class in which students will continue their advanced gymnastics skills and conditioning.

PROGRAMS

ACRC Summer Programs Registrations; Sign-ups start May 1

Register for ACRC summer programs
Call Rec Office for program info @ 441-4300



SPECIAL EVENTS



Spring Break Camp

- ⇒ Camp held @ Family Aquatic Center
- ⇒ March 19-21; 10 am to 3 pm
- ⇒ Swimming, games & activities for ages 5-12
- ⇒ Fee is \$30 (includes lunch)

There will be a \$10 service charge for registrations taken after March 14.

Time to take a break...
@ the Family Aquatic
Center
Come join the fun @
ACRC Spring Break



Trick or Treat Night



Join ACRC and other area organizations / businesses @ the Rec Center for an evening of trunk & trick or treating. The gym will be decorated, car trunks will be decked out and participants will be dressed up, all for a howling good time. The fun starts @ 5:30 pm & will continue until 7:30 pm. Bring your scariest costume and get ready for a scary, but good time @ the Rec. Call the Rec Office @ 441-4300. Wednesday, October 31, 2018

SPECIAL ACTIVITIES

13th Annual Sgt. Jerry Mills Jr. Fishing Derby



The annual Sgt. Jerry Mills Jr. Fishing Derby will be held June 2. The event will be held @ Veterans Memorial Lake on Saturday from 9:00 am to 12:00 pm. The derby will include team fishing, lunch and awards ceremony. Pre-registration for the event is required.

Daddy/Daughter Dance Theme: "Flower Power"

- ☆ The annual Daddy / Daughter Dance will be held Saturday March 3rd @ Agri-Business Building. This is a great activity for Dads and their Daughters to get together for a fun night of dancing, refreshments and picture taking. Grandpas and Granddaughters are welcome too. The fun will start @ 6:00 pm, with dancing until 8:00 pm. The cost of the event is \$20 per couple and \$5 for each additional daughter. Tickets are \$25 per couple after March 2nd.



ACRC PROGRAMS

"IYQ" Summer Camp

"IYQ" Summer Camp is for Children ages 4-12. Camp will be held @ the Agri-Business Bldg. located adjacent to Paris Park and Paris Park Pool. IYQ summer camp registration will be held @ the Rec Center in May. All sessions are held from 9:30 am to 3:30 pm, Monday through Thursday. Camp includes swimming, games and activities with lunch and pm snack included. Cost per session is \$40. IYQ Camp is designed to provide a safe, fun and educational experience for our young campers. Questions?? Call the Rec Office @ 441-4300

Session 1:	June	4-7
Session 2:	June	11-14
Session 3:	June	18-21
Session 4:	June	25-28
Session 5	July	9-12
Session 6	July	16-19
Session 7	July	23-26
Session 8	July/Aug	July 30-Aug 2



IYQ Swim lessons offered @ Paris Park Pool during all sessions for additional \$15 fee

There will be a \$10 service charge for registrations taken after 5:00 pm on Fridays.

KIDZ REC Summer Program

Kidz Rec is a summer program offered at the Rec Center for children ages 4-7. This program will consist of recreation activities, games, sports, arts / crafts, and tons of fun.

Session 1	June 4 - 27
Session 2	July 9 - August 1

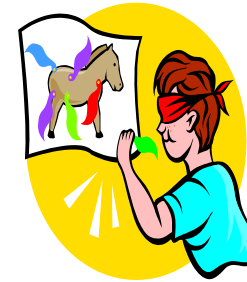
Kidz Rec will be held from 10:00 am to 12:00 noon on Monday & Wednesday for ages 4-7. Registration fee is \$25 per session.

ACRC PROGRAMS



Parks & Recreation
The Benefits are Endless

Mother & Son Blitz!!



Mom's spend quality time with your sons as you engage in a variety of adventures and challenges during this fun filled evening. Bring your son, nephew, grandsons and enjoy a fun night out. The Mother / Son Blitz will be held @ the Agri-Business Building in October . Call the Rec @ 441-4300 for updated dates.

Cost: \$20 per couple / \$5 each additional child
\$25 at door / \$5 each additional child

Date: October 2018

Stay Informed! Sign up for Ark City Rec Center Text Alerts. It is simple...

1. Send text message to **580.215.0260**
2. Send message **@h782**

That is it! You can opt out anytime and your phone number will not be shared.